

## **WATER POLO - Male**

**Warm up prior to participation and warm down upon conclusion.**

**It is strongly recommended that appropriate protective equipment be worn during play.**

- 1 Teams consist of 6 swimmers. **(General Rule 1.1, 1.2 & 1.3 apply)**
- 2 Each game commences with players swimming for ball.
- 3 Players must have only one hand on the ball with the exception of the nominated goal-keeper, who may use both hands.
- 4 The ball must not be held underwater or the opposing team will have possession.
- 5 No player can receive a pass in close proximity to the goals unless they are throwing for goal themselves.
- 6 Tackling a player without the ball will result in a foul.
- 7 Any fouls will result in a free for the opposition.
- 8 Any attempt to hold, sink or pull a player will result in the offending player leaving the pool for one minute and the team will lose possession.
- 9 No player may hold on to the wall or goals.
- 10 No player may touch the bottom of the pool.
- 11 Unsportsmanlike behaviour will result in ejection.

### **Equipment**

SportsFest Supply all Gear

Competitors to have own personal safety equipment