

## WALLYBALL – Mixed & Male

**Warm up prior to participation and warm down upon conclusion.**

**It is strongly recommended that appropriate protective equipment be worn during play.**

**Keep hydrated**

1. Teams consist of maximum 4 players on the court at any one time. For Mixed there is to be a minimum of 1 female on the court at all times (**General Rule 1.1, 1.2 & 1.3 apply**)
2. Players hit a ball across and net, strung half way down a squash court
3. Each team is allowed three “touches” before returning the ball over the net. Players must not hit the ball consecutively (except blocking – see rule 8).
4. The server stands in the back right corner with one foot remaining in the corner triangle. The serve must clear the net and not touch any wall on the full. If the ball touches the net tape on service and bounces on opponent’s court, a let shall be played.
5. Team members take it in turns to serve, rotating one place clockwise when each service is won.
6. The ball may hit the front and back walls underneath the 6’ line and the ball may hit any part of the sidewalls. The ball however is not allowed to be struck onto both sides in the one shot
7. Ceiling fans and lights are OUT. Above the 6’ line on the front and back wall is out at all times
8. A player may “block” the ball by using their hands and forearms when within one meter of the net. In so doing, person must not move arms in forward motion (i.e. strike the ball). Block does not count as a touch. Player blocking may hit the ball once more (consecutively) in recovering their own block. This is the only exception to rule 3.

### Equipment

SportsFest Supply all Gear

Competitors to have own personal safety equipment